

Project Aims

To create one point of contact for all dementia enquiries.

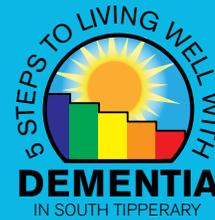
To provide information, supports and services for every stage of the dementia journey.

To facilitate people with dementia to live full, enriched and happy lives at home and within their own communities for as long as possible.

To provide individualised support on a needs-led basis, including home-based respite, crisis intervention and home from home respite.

To acknowledge that the project is an additional service and is not to replace existing services.

To improve the quality of life for people with dementia and their families by providing high quality, flexible, person-centred care.



Project Lead:

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For more information please contact:

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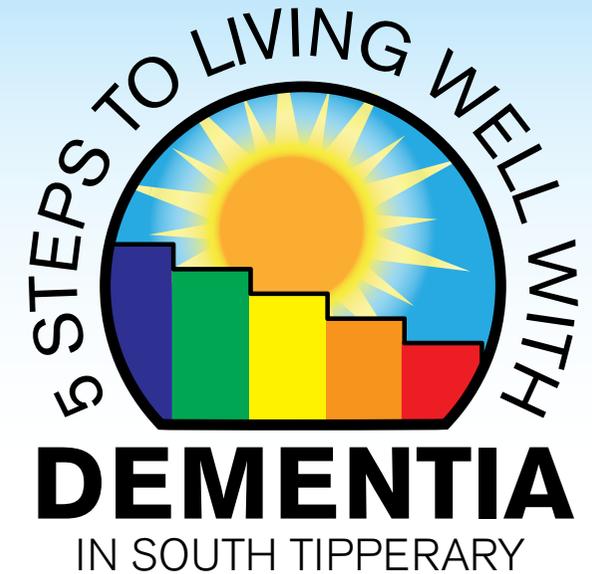
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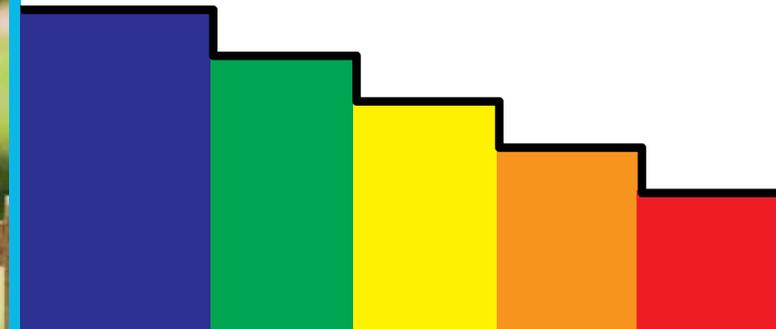
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- A new and innovative Dementia project.
- Provides information, supports and services for every stage of the dementia journey.
- Helps people with dementia to live full, enriched and happy lives at home and within their own communities for as long as possible.

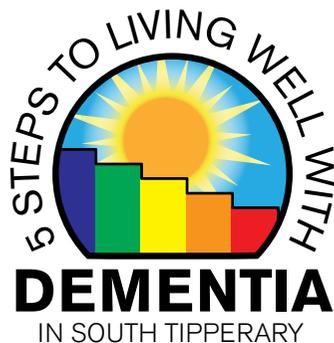


Project Overview

South Tipperary has received funding to develop a new and innovative dementia project over the next three years. This project is jointly funded by Atlantic Philanthropies and the HSE through the Genio Trust. Genio is a non-profit organisation that focuses on supporting and stimulating social innovation that brings about lasting change.

The project is called “The 5 Steps to Living Well with Dementia in South Tipperary” and is structured around activities, information and supports relevant to the different stages of the illness. The project aspires to transform the life experience of people with dementia and their families by increasing public awareness, dispelling myths, reducing stigma and encouraging people to come forward for early diagnosis and treatment. It will also strive to instil in people that it is possible to live a full, enriched and happy life given the right information, supports and services.

This project is led by a consortium of people with various interests in the area of dementia. This consortium includes people with dementia, carers, The Alzheimer’s Assoc., The Carer’s Assoc., Muintir na Tire, The South Tipperary Community & Voluntary Forum, a G.P. representative and HSE staff.



STEP 1 Pre-Diagnosis

This step will involve increasing awareness and providing information on prevention and training. Early diagnosis will be encouraged to enable treatment, supports and services to be accessed. Early diagnosis also allows the person with dementia to be involved in decision making around personal, legal and financial matters.

STEP 2 Early Dementia

This step will offer information and practical support with early issues such as managing memory loss and encouraging continued involvement within the community.

STEP 3 Progressive Dementia

This step will involve providing time limited support for people with dementia and carer respite. This will be provided in three main ways: home-based support, crisis intervention and home from home respite.

- **Home-based Support**

This is an individualised support service which targets people with dementia who will benefit from weekly interventions over a period of ten weeks. It is aimed at completing a specific piece of work which can be achieved in this time frame. It is primarily activities based, focussed on achieving specific goals, making connections with existing supports and or enhancing participation within their own community.

- **Crisis Intervention**

This is a short term more intensive intervention for people in crisis. It provides a care service based on the needs of the person in crisis where the intervention is likely to prevent long term placement and the crisis is likely to resolve.

- **Home from Home Respite**

This is a short-term more intensive support, one to two weeks in duration. It is provided by host families in their homes. Host families are specifically recruited and trained for the project. The host family’s environment is that of a regular home with similar activities and levels of stimulation. It is targeted at people who need and will benefit from being away from their own home and are likely to successfully cope with such a move for the period specified. The main carer, depending on circumstances, may go with the person if it is likely to lead to a better outcome.

STEP 4 Advanced Dementia

This step will involve the development of a resource library of assistive technology equipment and continued respite.

STEP 5 Living Well and Dying Well

The final step of the project will pivot on the development of a coherent care pathway and the provision of information and support with an emphasis on respecting the person’s wishes.

