



### Where are we?

The library is situated at the back of St. Michael's Unit, opposite the A&E department at South Tipperary General Hospital, Clonmel.

### Want to Know More?

- Visit the Memory Technology Library pages of the "Five steps to Living Well with Dementia in South Tipperary" website: [www.southtipperarydementia.ie](http://www.southtipperarydementia.ie)
- The website has details of all our demonstration products and advice about A.T.
- South Tipperary Public Libraries also have "The Memory Technology Library Resource Catalogue" which lists the full range of demonstration products and advice on how to use A.T. to support people with dementia.
- Tel 052 61 77080 and speak to a member of staff.



*For more information please contact:*

## The Memory Technology Library

The grounds of South Tipperary General Hospital Western Road, Clonmel

Tel.: 052 61 77080

Email: [fivesteps.clonmel@hse.ie](mailto:fivesteps.clonmel@hse.ie)

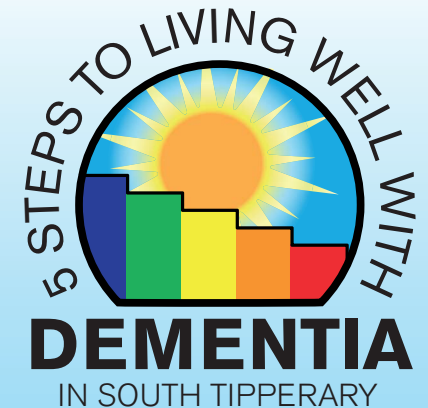
Website: [www.southtipperarydementia.ie](http://www.southtipperarydementia.ie)



# The Memory Technology Library

## MATCHING TECHNOLOGY TO LIVING WELL WITH DEMENTIA

- Providing information and advice about assistive technologies for people with memory difficulties, dementia, their families and friends
- Offering opportunities to see and try a range of products designed to make daily living easier



## Library Overview

The Memory Technology Library is a HSE resource that provides dementia specific advice about assistive technologies. The library was developed as part of the “Five Steps to Living Well with Dementia in South Tipperary” project.

There are a large range of products; Assistive Technology (A.T.), that are useful for people with memory difficulties. The library offers a space where these products can be seen and tried out with a member of staff on an individual basis. The Memory Technology Library does not sell A.T. products.

## Who is it for?

The library is for people with memory difficulties and dementia, their families and carers.

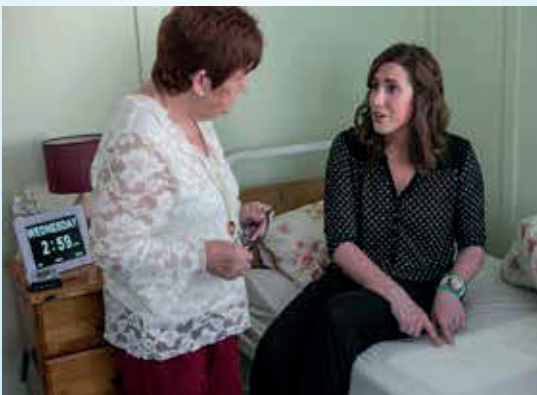
It is also a resource for staff working with or caring for people with dementia.

## Want to visit?

The library is by appointment only. Telephone 087 0550050 to make an appointment to meet with the Occupational Therapist.

## Aims

- To raise awareness of assistive technology available to people with dementia and their carers
- To offer information on the benefits and limitations of assistive technology
- To enable people to try out products they are considering purchasing
- To offer a short term loan of appropriate devices to try out at home



## What is Assistive Technology?

**Assistive Technology** is a term that refers to products or gadgets that people use to make their lives easier, such as TV remote control, glasses or an alarm clock. This term can be used to describe any piece of technology that enables someone to complete their daily tasks, maintain their independence, help manage risks at home and reduce stress for carers.

Assistive Technologies (A.T.) can be any device that makes it easier to perform activities of daily living, they can be simple or complex.

There are two forms of A.T. that we offer, *Stand Alone Devices* and *Telecare* products.

## Stand Alone

Stand Alone devices can be bought off the shelf. They can be something simple like a clock or something more complicated like an automatic pill dispenser that will send a text to a carer if medication is not taken. These products are not linked up to a monitoring centre.



Mobile Phone



One-button radio



Calendar Flip Clock

## Telecare

Telecare devices can only be used as part of the Telecare system. There are various companies providing Telecare in Ireland. They charge a fee for providing a base unit and sensors, and an annual monitoring fee.

Telecare sensors are placed around the home depending on each individual's needs. When a sensor is triggered it sends a signal to the base unit (which is connected to a landline or mobile telephone) which in turn goes to the monitoring centre or a carer.

The monitoring centre will then follow the procedure agreed with the family. For example, if someone wearing a Falls Sensor, falls to the ground and doesn't get up this will activate the monitoring centre to contact the person at home to check they are ok, and/or telephone the nominated contacts.



Automatic Pill Dispenser



Telecare Pager



Motion Sensor Lamp



TV Remote

