Want to visit The Memory Technology Library?

- The library is by appointment only

- Telephone Christina Morrissey, Project Co-ordinator,
  Tel.: 087 0550050
  Email: christina@southtipperarydementia.ie

- You will be given an appointment time to meet with
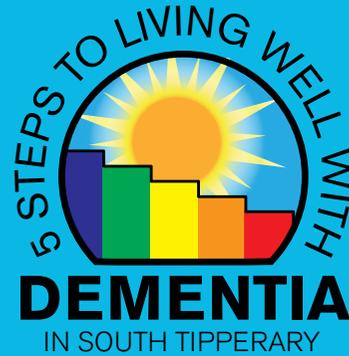 a member of staff at the library.

Where are we?

The library is situated at the back of St. Michael's Unit, opposite the A&E department at South Tipperary General Hospital, Clonmel.

Open Days

Visit us on our open days. These will be advertised on our website or locally in the press.

www.southtipperarydementia.ie

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5 STEPS TO LIVING WELL WITH DEMENTIA
IN SOUTH TIPPERARY

The Memory Technology Library

Project Lead:

Dr. Caitriona Crowe
Consultant in Old Age Psychiatry

Tel. 052 6177491

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For more information please contact:

Christina Morrissey

Project Co-Ordinator
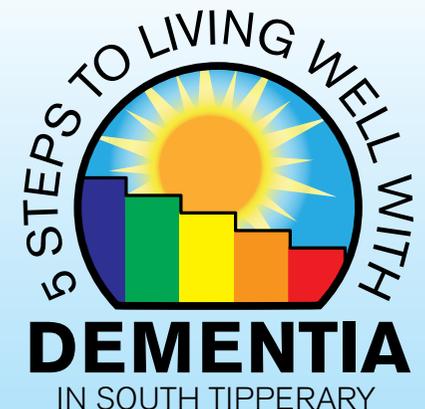
**Rosehill, Glenconnor Road,
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Tel.: 087 0550050

Email: christina@southtipperarydementia.ie
Website: www.southtipperarydementia.ie

The Memory Technology Library

- A new and innovative Dementia project

- Providing information and advice about assistive technologies for people with memory difficulties, dementia, their families and friends

- Offering opportunities to see and try a range of products designed to make daily living easier

5 STEPS TO LIVING WELL WITH DEMENTIA
IN SOUTH TIPPERARY

Library Overview

The Memory Technology Library is part of the "Five Steps to Living Well with Dementia in South Tipperary" Project. This project is jointly funded by Atlantic Philanthropies and the HSE through the Genio Trust. Genio is a non-profit organisation that focuses on supporting and stimulating social innovation that brings about lasting change.

The Library

The library is for people with memory difficulties and dementia, and their family and friends. There are a large range of products; Assistive Technology (A.T.), that are useful for people with memory difficulties. This library offers a space where these products can be seen and tried out with a member of staff on an individual basis. The Memory Technology Library does not sell A.T. devices.

Aims

- To raise awareness of assistive technology available to people with dementia and their carers
- To offer information on the benefits and limitations of assistive technology
- To enable people to try out products they are considering purchasing
- To offer a short term loan of appropriate devices to try out at home

What is Assistive Technology?

Assistive Technology is a term that refers to products or gadgets that people use to make their lives easier, such as TV remote control, glasses or an alarm clock. This term can be used to describe any piece of technology that enables someone to complete their daily tasks, maintain their independence, help manage risks at home and reduce stress for carers.

Assistive Technologies (A.T.) can be any device that makes it easier to perform activities of daily living, they can be simple or complex.

There are two forms of A.T. that we offer, *Stand Alone Devices* and *Telecare* products.

Stand Alone

Stand Alone devices can be bought off the shelf. They can be something simple like a clock or something more complicated like an automatic pill dispenser that will send a text to a carer if medication is not taken. These products are not linked up to a monitoring centre.

Mobile Phone   **One-button radio**

Calendar Flip Clock

Telecare

Telecare devices can only be used as part of the Telecare system. There are various companies providing Telecare in Ireland. They charge a fee for providing a base unit and sensors, and an annual monitoring fee.

Automatic Pill Dispenser

Telecare sensors are placed around the home depending on each individual's needs. When a sensor is triggered it sends a signal to the base unit (which is connected to a landline or mobile telephone) which in turn goes to the monitoring centre or a carer.

The monitoring centre will then follow the procedure agreed with the family. For example, if someone wearing a Falls Sensor, falls to the ground and doesn't get up this will activate the monitoring centre to contact the person at home to check they are ok, and/or telephone the nominated contacts.

Telecare Pager

We want your feedback

The Memory Technology Library will continue to be developed throughout the life of the project, and we are actively seeking feedback from our library users. We would like to know how the service could be improved and and get consumer feedback on Assistive Technology devices loaned or bought. Library user's comments will be posted on our website with consent, along with tips and ideas.